

# Recap

## Mt 5-9: Focus on Jesus' authority

- Right to explain the Kingdom of God
- Power over Satan, sickness, and death

## Mt 11-12: negative responses to Jesus

- Misunderstanding – 11.1-19
- Rejection – 11.20-24
- Hostility – 12-1.14

# MATTHEW RECAP



# Sabbath

- **Ex 20.8-10** - Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work...
- **39 categories of work** – carrying, cooking, washing, planting, **reaping**, building, **slaughtering**
- **Two questions**
  - What is acceptable behavior on the Sabbath?
  - Who gets to decide?

**MATTHEW**  
**12:1-21**



# Jesus Decides what is acceptable on the Sabbath

- **Something greater than the Temple is here** – Jesus has the authority to create exceptions to the Sabbath rules
- **God desires mercy and not sacrifice** – Jesus is establishing a new value system for the Sabbath
- **The Son of Man is Lord of the Sabbath** – Jesus is claiming the authority to determine how the Sabbath should be observed

**MATTHEW  
12:1-21**



Here is my servant whom I have chosen, the **one I love, in whom I delight; I will put my Spirit on him**

As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw **the Spirit of God descending like a dove and alighting on him.** And a voice from heaven said, **“This is my Son, whom I love; with him I am well pleased.**

## **MATTHEW 12:1-21**



# Thoughts on the Sabbath

## Why rest?

- **Because God rested and we want to be like Him – Gen 2.2-3**
- **Rest is part of our creation rhythm (rest-work-relationship) – Adam/Eve rest on their 1<sup>st</sup> day**
- **Rest is tangible expression of our faith-**  
to be intentionally non-productive when we have so much to do is an act of trust in the God

**MATTHEW  
12:1-21**





# Thoughts on the Sabbath for Us

## How to rest?

- **Ideally** – weekly, but start w/once a month if easier
- **Identify what you won't do** – what are you *not* going to produce?
- **Spend time w/God** – He alone restores our souls (Ps 23)
- **Spend time doing something that you enjoy**– what refreshes you?

**MATTHEW  
12:1-21**



# Communion

**What do you think about when you think about God?**

- Disappointment?
- Disinterest?
- The Cross

**MATTHEW  
12:1-21**

