



HEBREWS
12

Two ways of looking at time

- **Chronos** – calendar time; minutes, hours, days, weeks, months, years
- **Kairos** – opportune time/right time

List kairos moments from 2023:

- **Milestones** – births, deaths, graduations, etc.
- **Transitions** – new home, new job, new relationship, marriage, divorce, etc.
- **Surprises** – medical diagnosis, promotion, accident, etc.



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God, I recognize Your sovereignty over the seasons of my life.

Give me eyes to see all of the *kairos* moments that You used to shape me and guide me in 2023.



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Hebrews 12.1-2: Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith.



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Let us throw off everything that hinders

- **Unhealthy grief** – failing to *walk with Jesus through* the dark valley
- **Frustrations, disappointments, and hurts** – the wounds, bumps, and bruises we experience as we live life

Let us throw off the sin that so easily entangles

- **Sins of the body** – external behaviors
- **Sins of the heart** – internal attitudes/dispositions



ACKNOWLEDGE
LOSSES

Father, I want to acknowledge the following losses I experienced in 2023:

Mentally list the people, relationships, opportunities, etc. you lost last year

I thank You that in light of Jesus' work on the cross death is not the final word. I grieve these losses, but I grieve as one who has hope.



ACKNOWLEDGE
HURT

Father, I thank You that You work all things together for my good even disappointments, frustrations, and hurts.

Ask the Holy Spirit to show you any frustrations, disappointments, or hurts you need to release this morning.

I thank You that in light of Jesus' work on the cross those disappointments, frustrations, and hurts can be redeemed and that You bring beauty out of ashes



CONFESS
SINS

Father, I thank You that You loved the world so much You sent Your Son to die in my place. Jesus, I thank You for Your obedience unto death.

Ask the Holy Spirit to bring to mind any sins of the flesh and any sins of the heart.

I thank You that in light of Jesus' work on the cross all of my sins are forgiven.



21 DAYS OF
DEDICATION

21 Days of Dedication

- Sun, Jan 7 – Sun, Jan 28
- **Theme** – Work of the Holy Spirit in our daily lives
 - Oil – consecrates us
 - Water – refreshes us
 - Fire – sanctifies us
- **Daniel fast** – partial fast; vegan diet + no sweets
- **Worship nights** – 7-8pm on Wednesdays Jan 10, 17, and 24



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God, I recognize Your sovereignty over the seasons of my life.

I acknowledge that in Your great mercy You have given me new birth into a living hope through the resurrection of Jesus Christ from the dead and therefore I can have a confident expectation of a better future in 2024.



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I acknowledge Your sovereignty regarding the specific details of that 'better future' and I trust that You will work all things I experience in 2024 - blessings, tragedies, joys, and frustrations- together for my good and Your glory.

God give me the grace to run with perseverance the race You have marked out for me in this upcoming year.