

Recap

Legalism – focus on external conformity to the letter of the law to the neglect of the heart

- **Gal 5.1 and 6:** It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery... The only thing that counts is faith expressing itself through love.

Antinomianism – belief that because we are saved by grace through faith we can live without restraint or boundaries

- **Gal 5.13-14:** You were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. For the entire law is fulfilled in keeping this one command: “Love your neighbor as yourself.”



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5:13-26

The Holy Spirit Keeps Us Out of Both Ditches

Antinomianism –

- **Gal 5.16:** So I say, walk by the Spirit, and you will not gratify the desires of the flesh.
- **Walk** – to live in certain manner/way; to walk by the Spirit is to live in the way of the Spirit

Legalism –

- **Gal 5.18:** But if you are led by the Spirit, you are not under the law.
- **Led** – to be under the direction or guidance of another
- **Jer 31.33:** I will put My law on their minds and write it on their hearts



GALATIANS
5:13-26

Fruit of the Spirit

State of our hearts before God

- **Love** – foundation of all other virtues
 - Towards others – to seek the good of another even at a personal cost
 - Towards God – affectionate trust
- **Joy** – state of gladness rooted in our relationship with God
- **Peace** – state of well-being, harmony, and wholeness rooted in the conviction that God is good



Fruit of the Spirit

State of our hearts towards others

- **Patience** - the ability to put up with other people even when that is not an easy thing to do
- **Kindness** – the quality of being helpful or useful to another
- **Goodness** – practical generosity; going the 2nd mile when it is not required



Fruit of the Spirit

State of our hearts relative to our desires

- **Gentleness** – power harnessed in loving service and respectful actions; one who is gentle will not attempt to push others around or arrogantly impose one's own will on subordinates or peers
- **Faithfulness** – the quality of being true, trustworthy, and reliable in all one's dealings with others
- **Self-control** - mastery over one's desires and passion



Staying on the Road to Freedom-

To avoid ditch of legalism –

- **Stand firm** (Gal 5.1) - remain strongly committed to the truth of the Gospel
 - **Spiritual practice** – Scripture memorization; keeps the Truth at the forefront of our minds

To avoid ditch of antinomianism –

- **Crucify the flesh** (Gal 5.24) - deny the impulse to live independently of God
 - **Spiritual practice** – fasting; trains us to say 'no' to our appetites



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Staying on the Road to Freedom-

Keep in step with the Spirit (Gal 5.25) - align yourself/conform to the values and actions of the Holy Spirit

- **Seek** – we find Jesus when we look for Him
 - **Spiritual practice** - Bible reading; in the Bible we see character of Jesus most clearly
- **Surrender** – yield to the Holy Spirit in all things
 - **Spiritual practice** - fasting



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