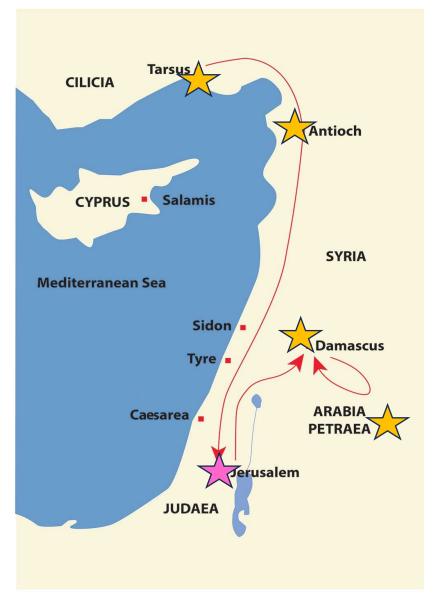


- Written to churches planted by Paul and Barnabas; primarily Gentilebackground believers
- Jewish Christians teaching that Gentiles must trust Jesus and follow OT Law in order to be saved
- Paul responds to attacks on his calling and his message
  - an apostle—sent not from men nor by a man, but by Jesus Christ and God the Father (1.1)
  - the gospel I preached is not of human origin. I did not receive it from any man, nor was I taught it; rather, I received it by revelation from Jesus Christ (1.11-12)



# Paul's First 14 Years of Ministry





## Paul's Companions

- Barnabas Jewish Christian
  - Trusted by Jerusalem leadership Acts 11.22
  - Had been working w/Paul Acts 11.25-26
  - Played the role of bridge between Paul and Jerusalem – Acts 9.26-27
- Titus Gentile Christian
  - Probably led to Lord by Paul Titus 1.4
  - Became one of Paul's most trusted coworkers – 2Cor 8.23



#### I wanted to be sure I was not running and had not been running my race in vain.

- Running my race metaphor for working diligently to live a particular lifestyle; connotation of striving or even struggling; see 1Cor 9.24-27
- In vain without purpose or result
- I am apprehensive about the outcome of the hard work I've been doing to bring Gentilebackground Christians together with Jewishbackground Christians into one body, the Church. My fear is that all of that effort will be for nothing, and there will be two Churches - one Jewish and one Gentile.



### Regret

- Regret sadness or disappointment over things done or undone
- Four major categories:
  - Foundation regrets from not 'doing the work' to lay a more stable foundation in life; i.e. not exercising, not saving
  - Moral regrets from not doing the right wrong/doing the wrong thing; i.e. treating someone poorly
  - Boldness regret over not taking a chance; i.e. not leaving a dead-end job and starting something new
  - Connection most common; relational regret; i.e. not reaching out



## Living With Regret

- Impossible to live regret-free: God doesn't change the past, but He will redeem it in the present and future
- Minimize regret by:
  - Following Jesus as your Good Shepherd
  - Choosing 'faith expressing itself through love'
- Deal with regret:
  - Acknowledge regret before the Father
  - Grieve what was lost
  - Receive God's mercy
  - Move forward in hope



Father, I acknowledge the following areas of regret in my life:

- Things done
- Things not done

Where I've sinned, I repent.

Where I've been sinned against, I forgive.

For what has been lost, I grieve.



Father, I acknowledge that there is now no condemnation for me because I am in Christ Jesus.

Father, I acknowledge that in all things You work for the good of those who love You, who have been called according to Your purpose.

Father, I acknowledge that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate me from the love of God that is in Christ Jesus our Lord. Amen.

