

StoneBridge Church Small Group Resources

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Bible Reading Plans:

Bible Project's Bible Studies

Format: The Bible Studies incorporate multiple elements (reading Scripture, watching context info videos, and discussion questions) for your small group to work through together. The format works best in a small group setting.

During Week Time Commitment: Low

How to Facilitate: These Bible studies are laid out very simply for anyone to lead, and I would encourage groups to give the opportunity for everyone to lead a week facilitating the week's Bible study. The facilitator for the week would need to spend about 30-60 minutes during the week to familiarize themselves with the content.

Look at the variety of thematic and topical Bible studies the Bible Project has here: https://bibleproject.com/church-at-home/

Bible Project Podcast Series:

https://bibleproject.com/podcasts/the-bible-project-podcast/

The Bible Project Podcast series have a wide range of topics covered. The two below have been intriguing for me and would fit well with your small group. You may find another podcast series on their website that you may want to use as well.

For all the podcast series, the discussion and ministry time can very easily use the same format and questions each week to dig into each week's podcast. Here's a few guiding questions you can use each week to discuss these podcast series:

- What idea(s) were new to you with this podcast?
- What questions did this podcast bring up? How will you keep digging to address this question?

- What are you learning about the character of God?
- What are you learning about the character of humans?
- Who can you share what you've taken away from this podcast with this week?

#1 - Bible Project Podcast Series: Character of God

Length: 14 weeks

Format: Listen to the podcast before meeting together. Each audio recording is between 50-70 minutes long.

Description: Exodus 34:6-7 are the most quoted verses by biblical authors, quoted and adapted more than any other verses in the Bible. In this series we walk through these verses looking at the key vocabulary and ask what it means for God to describe himself as "compassionate and gracious, slow to anger, overflowing with loyal love and faithfulness?"

Look at the 14 podcast descriptions in the link to see if your group would be interested in digging into the character of God. Personally, I've found this podcast series to be one of the most helpful podcast series for myself or a small group.

https://bibleproject.com/podcast/series/character-of-god

#2 - Bible Project Podcast Series: The New Testament Letters

Length: 10 weeks

Format: Listen to the podcast before each meeting together. Each podcast recording is between 55-70 minutes long.

Description: How do we read the New Testament Letters, otherwise known as the Epistles? These are small books written by Apostles to early Christians all over the Roman world. These books are seen as accessible and practical - but are we missing the point when we ignore their context and literary form?

Look at the 10 podcast descriptions to see if your group would be interested in digging deeper into the context and literary form of the New Testament Letters:

https://bibleproject.com/podcast/series/new-testament-letters

61 day reading plan - Overview of the Biblical Story

Description:

This reading plan introduces you to the major people and events of the Bible in chronological order, beginning with Creation, moving through the birth and history of the Israel nation, and ending with Revelation's prophetic words. It's broken down into 61 easily readable segments. While not a comprehensive reading of the entire Bible, this reading plan will serve as an overview of the biblical story through significant stories that communicate the biblical story. Think of this as stepping stones through the Bible.

Link to Plan: https://www.biblegateway.com/reading-plans/chronological?version=NIV

Day	Today's Scripture Reading	Description
Day 1	Genesis 1-3	Creation and Fall
Day 2	Genesis 12, 15, and 22	Abraham, Isaac
Day 3	Job 1-3 and 38-42	Story of Job
Day 4	Exodus 1-5, 12-14, and 20	Moses and the Law
Day 5	Leviticus 1, 10-11, 16, and 25-26	Instructions
Day 6	Numbers 3-4, 6, and 11-14	Journey to the Promised Land
Day 7	Deuteronomy 5-8, 28-31, and 34	Moses' last message to the Israelites
Day 8	<u>Joshua 1-6 and 23-24</u>	Joshua, Israelites enter the Promised Land
Day 9	<u>Judges 1-4 and 13-16</u>	Period of the Judges
Day 10	Ruth 1-4	Story of Ruth
Day 11	1 Samuel 7-10, 12	King Saul
Day 12	1 Samuel 15-20, 28, and 31	King Saul
Day 13	2 Samuel 5-8, 1 Chronicles 15-17	King David

Day 14	2 Samuel 11-13, 15, and 18	King David
Day 15	1 Chronicles 21-22, and 28-29	King David
Day 16	Psalms 1, 8, 19, 23, 51, 100, 103 and 139	Psalms of King David
Day 17	1 Kings 3, 6-12	King Solomon
Day 18	2 Chronicles 5-10	King Solomon
Day 19	Ecclesiastes 1-5 and 12	King Solomon
Day 20	Song of Songs 1-2, Proverbs 1-3	King Solomon
Day 21	2 Chronicles 14-16	King Asa
Day 22	1 Kings 17-19, and 21	Elijah
Day 23	2 Kings 1-2, 6-7, 11-12	Elijah, Elisha, Kings
Day 24	2 Chronicles 24-26	Kings
Day 25	Joel 2, Jonah 1, Amos 3, Micah 1-2	Prophecies
Day 26	<u>Isaiah 1-2, 6, Hosea 1-4</u>	Prophecies
Day 27	2 Kings 17-20, 2 Chronicles 29-32	Hezekiah
Day 28	<u>Isaiah 40 and 52-55</u>	Consolation of Israel
Day 29	2 Kings 21-23, 2 Chronicles 33-35	Manasseh, Josiah
Day 30	Nahum 1, Zephaniah 3, Jeremiah 1- 5, Habakkuk 1	Prophecies
Day 31	Ezekiel 1-3, 18, and 33, Lamentations 3, Obadiah	Fall of Jerusalem
Day 32	<u>Daniel 1-2, 4-6</u>	Daniel
Day 33	Ezra 3, 6-7, Haggai, Zechariah 1-2	Return, rebuilding of Jerusalem
Day 34	Esther 1-4, 7-8	Story of Esther
Day 35	Nehemiah 1-2, 4, and 6	Rebuilding the wall
Day 36	<u>Malachi</u>	Last Old Testament prophecies

Day 37	Matthew 1-2, Luke 1-2	Birth of Jesus
Day 38	John 1, Mark 1, John 3-4	Early ministry of Jesus
Day 39	<u>Luke 4-6, Mark 2-4</u>	Teachings of Jesus
Day 40	Matthew 5-7	Sermon on the Mount
Day 41	Mark 10, Luke 8-12, Matthew 17-18	More teachings of Jesus
Day 42	John 13-17	Jesus' upper room discourse
Day 43	Matthew 26-28, Mark 15-16	Death and resurrection of Jesus
Day 44	Luke 22-24, John 19-21	Death and resurrection of Jesus
Day 45	Acts 1-4, 8-10, 12-14	The Church starts, scatters, expands
Day 46	Galatians 3-6	Paul's warnings about true vs. false religion
Day 47	James 1-3, Acts 15	Teachings and ministry of James
Day 48	1 Thessalonians 2 and 4; 2 Thessalonians 3	Paul's letters on adversity and persecution
Day 49	1 Corinthians 1-2 and 13	Paul's writings on living, loving like Jesus
Day 50	2 Corinthians 4-5 and 8-9	Paul's writings on authentic Christianity
Day 51	Romans 5-8 and 12	Paul's letter on Christian doctrine, practice
Day 52	Philemon: Ephesians 4-6	Paul's writings on practical Christian living
Day 53	Colossians 1 and 3; Philippians 2 and 4	Paul's writings on growing in Christ
Day 54	1 Peter 1 and 4-5	Peter's first letter to the Church
Day 55	1 Timothy 1-3; Titus 2	Paul's teaching on Church leadership
Day 56	Jude: 2 Peter 1	Jude and Peter's writings on true vs. false religion
Day 57	2 Timothy 3-4	Paul's example, encouragement to Timothy

Day 58	Hebrews 10-13	Teachings about living for Jesus Christ
Day 59	1 John 1-3	John's letter on loving Christ, each other
Day 60	2 John; 3 John	John's postcard letters to friends
Day 61	Revelation 1-4, 19-22	Jesus Christ's revelation to John

Read Through the Bible in 90 days

Description:

To immerse ourselves in the biblical story, reading extended sections of the Bible at a time leads to greater understanding of God's heart for humanity, his plan for the redemption of all things through Jesus, and the commissioning of God's followers to proclaim the good news and partner with his work of reconciling all things back to God. This 90-day reading plan will help your small group read through the Bible together in 3 months with daily readings that will take about 45 minutes a day.

Your weekly meetings can focus on sharing what God is showing you as your group progresses through the Bible. Immersion into the biblical story in a condensed time frame will allow for the stories to be read in their entirety, themes are able to be traced through Scripture, and God's character becomes a more central part of God's story unfolded through the Bible. Most likely your small group will have more to talk about than time allows, and you can also use the 4 questions below as a starting point for your discussion around the Scripture readings each week:

- What do our readings teach us about God's character?
- What do our readings teach us about humanity?
- What do we learn about relating to God & Others?
- Who can I share this story with this week?

Day	Start	End
1	Genesis 1:1	Genesis 16:16
2	Genesis 17:1	Genesis 28:19
3	Genesis 28:20	Genesis 40:11
4	Genesis 40:12	Genesis 50:26
5	Exodus 1:1	Exodus 15:18
6	Exodus 15:19	Exodus 28:43
7	Exodus 29:1	Exodus 40:38
8	Leviticus 1:1	Leviticus 14:32
9	Leviticus 14:33	Leviticus 26:26
10	Leviticus 26:27	Numbers 8:14
11	Numbers 8:15	Numbers 21:7
12	Numbers 21:8	Numbers 32:19
13	Numbers 32:20	Deuteronomy 7:26
14	Deuteronomy 8:1	Deuteronomy 23:11
15	Deuteronomy 23:12	Deuteronomy 34:12
16	Joshua 1:1	Joshua 14:15
17	Joshua 15:1	Judges 3:27
18	Judges 3:28	Judges 15:12
19	Judges 15:13	1 Samuel 2:29
20	1 Samuel 2:30	1 Samuel 15:35
21	1 Samuel 16:1	1 Samuel 28:19
22	1 Samuel 28:20	2 Samuel 12:10
23	2 Samuel 12:11	2 Samuel 22:18

Day	Start	End
24	2 Samuel 22:19	1 Kings 7:37
25	1 Kings 7:38	1 Kings 16:20
26	1 Kings 16:21	2 Kings 4:37
27	2 Kings 4:38	2 Kings 15:26
28	2 Kings 15:27	2 Kings 25:30
29	1 Chronicles 1:1	1 Chronicles 9:44
30	1 Chronicles 10:1	1 Chronicles 23:32
31	1 Chronicles 24:1	2 Chronicles 7:10
32	2 Chronicles 7:11	2 Chronicles 23:15
33	2 Chronicles 23:16	2 Chronicles 35:15
34	2 Chronicles 35:16	Ezra 10:44
35	Nehemiah 1:1	Nehemiah 13:14
36	Nehemiah 13:15	Job 7:21
37	Job 8:1	Job 24:25
38	Job 25:1	Job 41:34
39	Job 42:1	Psalms 24:10
40	Psalms 25:1	Psalms 45:14
41	Psalms 45:15	Psalms 69:21
42	Psalms 69:22	Psalms 89:13
43	Psalms 89:14	Psalms 108:13
44	Psalms 109:1	Psalms 134:3
45	Psalms 135:1	Proverbs 6:35

Day	Start	End
46	Proverbs 7:1	Proverbs 20:21
47	Proverbs 20:22	Ecclesiastes 2:26
48	Ecclesiastes 3:1	Song of Songs 8:14
49	Isaiah 1:1	Isaiah 13:22
50	Isaiah 14:1	Isaiah 28:29
51	Isaiah 29:1	Isaiah 41:18
52	Isaiah 41:19	Isaiah 52:12
53	Isaiah 52:13	Isaiah 66:18
54	Isaiah 66:19	Jeremiah 10:13
55	Jeremiah 10:14	Jeremiah 23:8
56	Jeremiah 23:9	Jeremiah 33:22
57	Jeremiah 33:23	Jeremiah 47:7
58	Jeremiah 48:1	Lamentations 1:22
59	Lamentations 2:1	Ezekiel 12:20
60	Ezekiel 12:21	Ezekiel 23:39
61	Ezekiel 23:40	Ezekiel 35:15
62	Ezekiel 36:1	Ezekiel 47:12
63	Ezekiel 47:13	Daniel 8:27
64	Daniel 9:1	Hosea 13:6
65	Hosea 13:7	Amos 9:10
66	Amos 9:11	Nahum 3:19
67	Habakkuk 1:1	Zechariah 10:12
68	Zechariah 11:1	Matthew 4:25

Day	Start	End	
69	Matthew 5:1	Matthew 15:39	
70	Matthew 16:1	Matthew 26:56	
71	Matthew 26:57	Mark 9:13	
72	Mark 9:14	Luke 1:80	
73	Luke 2:1	Luke 9:62	
74	Luke 10:1	Luke 20:19	
75	Luke 20:20	John 5:47	
76	John 6:1	John 15:17	
77	John 15:18	Acts 6:7	
78	Acts 6:8	Acts 16:37	
79	Acts 16:38	Acts 28:16	
80	Acts 28:17	Romans 14:23	
81	Romans 15:1	1 Corinthians 14:40	
82	1 Corinthians 15:1	Galatians 3:25	
83	Galations 3:26	Colossians 4:18	
84	1 Thessalonians 1:1	Philemon 25	
85	Hebrews 1:1	James 3:12	
86	James 3:13	3 John 14	
87	Jude 1	Revelation 17:18	
88	Revelation 18:1	Revelation 22:21	
89	Grace Day	Grace Day	
90	Grace Day	Grace Day	

Link to online schedule for Reading through the Bible in 90 days: https://csbible.com/wp-content/uploads/2018/01/CSB90-DayReadingPlan.pdf

Bible Reading Methods:

Reading Scripture Aloud - A Communal Reading of Scripture

From Mt. Sinai to the beginnings of the early churches, reading Scripture together aloud has been THE way God's word has been heard and written on the hearts of God's people. The public reading of Scripture was close to Paul's heart as well as we see him instructing others to devote themselves to the public reading of Scripture (1 Tim 4:13). There's a communal aspect of reading Scripture aloud with others that we lose when we read alone, and this practice will allow the Bible to sink into your hearts and minds.

How to facilitate Reading Scripture Aloud in your Small Group:

Worship: Start with a song or two of worship on iTunes or YouTube. Worship helps us transition into reading Scripture and may help your group center their hearts and minds on God.

Set the Context: Watch the applicable Bible Project YouTube video about the book that you are going to read aloud during that meeting. Use the Read Scripture video series to help set the best context and content covered in the applicable book in the Bible.

Old Testament books:

https://www.youtube.com/playlist?list=PLHOSzn1yYNeeVFodkl9J_WEATHQCwRZOu

New Testament books:

https://www.youtube.com/playlist?list=PLHOSzn1yYNecanpQqdixWAm3zHdhY2kPR

What to Read: Start out with reading through the 61 Day Overview of the biblical story Reading Plan above. A group can easily read 2 of the reading days in a group meeting in about 30-40 minutes.

Who Reads: For continuity of the passages you are reading, pick 2 or 3 readers to read each week. Don't try to have everyone read a little bit, this can break up the progression of the passage too much. Have the readers stop at a natural break in the story.

After Reading: Depending on your group, you may want to have a time for group members to talk about what the passage shows them about God's character, the human condition, or what God is teaching them personally. Spend the rest of your time in intentional prayer. The topics and types of praying can vary week to week. Most importantly is giving your group members the space to share where they need God to get involved in their life. Praying with and for your group members will always have a deep impact over time in the lives' of your group members.

Look at the websites below for more info on Reading Scripture Aloud:

https://prsi.org - More info & can join a zoom group to see how they reading Scripture aloud through zoom with people from around the world

https://bibleproject.com/learn/public-reading-scripture/ - Why the practice of publicly reading Scripture has been significant for God's people throughout history.

Lectio Divina

Lectio Divina involves listening to the reading of a short passage or a few isolated verses of Scripture. Those who listen are encouraged to set aside analysis, and even understanding, seeking instead to open themselves to God's Word and receive it expectantly and passively. They then attend to what they receive from God. God's Word is received personally, as an individualized gift to each person.

After hearing the passage read, the classic form of the lectio involves 4 steps:

Asking participants to sit in silence before God, noticing whatever captures their attention in the passage or in their inner experience.

The passage is then reread, and the process repeated. This time, after a silence, participants are asked if they wish to share a single word or phrase that particularly strikes them as they listen. Not further discussion occurs.

After another moment of silent prayer, the passage is then read again. This time people are given an opportunity to speak briefly of how the passage seems to touch their lives.

Finally, after a fourth reading they are asked to share what they feel the passage might be inviting them to do.

A modification of the classic lectio follows:

Lectio Listen with your senses, without thinking too much about the meaning. Attend to your imagination, noting the smells, sounds and images that arise as you hear the passage. Allow yourself to enter the setting using your imagination.

Mediatio This time I want you to follow along in your Bible as I read the passage out loud. Use your thinking to reflect on the meaning and significance

of the passage. Consider why the passage is included in Scripture. What does it mean? How does it affect your understanding of God?

Oratio This time as you listen, I want you to attend to your feelings. Note your feelings and silently offer them back to God as a prayer of the heart. Comment in your prayer on anything in the passage to which you particularly respond.

Contemplatio Before I read the passage a final time, quiet yourself, close your eyes, breathe deeply and regularly, and prepare to receive God's Word. This time I want you to listen with your intuition—your heart. If something impresses you, simply notice it and then refocus your attention on what you are hearing. Don't worry if you do not seem to have any thoughts or impressions. Simply remain open to the passage and to the Spirit. After expressing gratitude to God for your experience, open your eyes.

Taken from the book Sacred Companions by David G. Benner, p. 169-170