

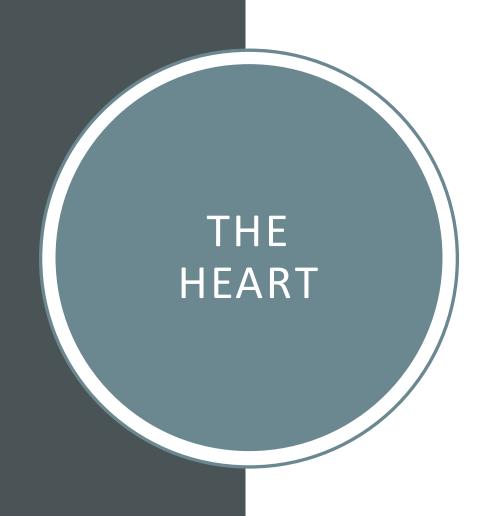
## Written Law –

- 'commands of God,' 'word of God'
- laws recorded in OT, primarily in Genesis –
  Deuteronomy

## Oral Law –

- 'human tradition,' 'your own tradition,'
  'tradition of men,' 'tradition of the elders'
- concrete interpretations and applications of the Written Law given by rabbis in order to help people obey

 If Written Law tells people what to do, then Oral Law tells them how to do it

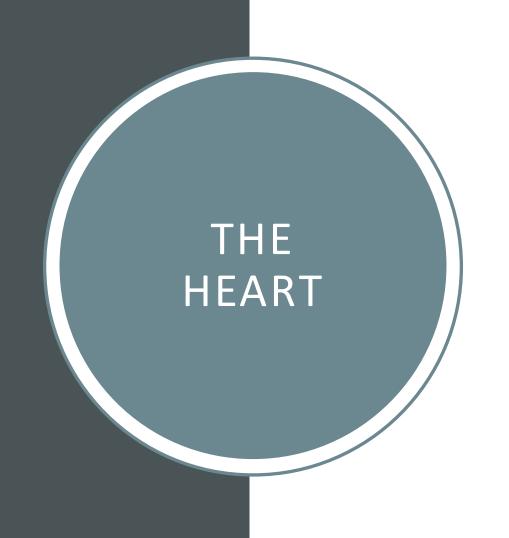


**Proverbs 4.23 -** Above all else, guard your heart, for everything you do flows from it (it is the wellspring of life.)

## Beware of 'hitchhikers'



- Intentional reflection w/God look back at your day and see what came out of you
- Prayer of Examen



Search me, God, and show me my heart; test me and show me where I may be honoring You with my lips, but my heart is still far from You. See if there is any offensive way in me.

Take a moment to listen to the Holy Spirit and to repent of any sin He brings to mind.



God, give me clean hands.

I pray that I would do nothing out of selfish ambition or vain conceit, but that everything I say and all I do would glorify You and bless others.

God, give me a pure heart.

I pray that all I say and all I do would flow out of a renewed heart that is saturated with Your great love and captivated by Your perfect holiness.