



KAIROS  
MOMENTS

## Two Ways of Looking at Time

- *Chronos* – calendar time; minutes, hours, days, weeks, months, years
- *Kairos* – opportune time/right time

### List *Kairos* Moments from 2021:

- **Milestones** – births, deaths, graduations, etc.
- **Transitions** – new home, new job, new relationship, marriage, divorce, etc.
- **Surprises** – medical diagnosis, promotion, accident, etc.



KAIROS  
MOMENTS

- God, I recognize Your sovereignty over the seasons of my life. Give me eyes to see all of the *kairos* moments that You used to shape me and guide me in 2021.



LOOKING  
BACK

## Things to leave in 2021-

- **Therefore, since we are surrounded by such a great cloud of witnesses – unhealthy grief**
- **let us throw off everything that hinders – frustrations, disappointments, and hurts**
- **and the sin that so easily entangles-**
  - sins of the body – external behaviors
  - sins of the heart – internal attitudes/dispositions



LOOKING  
BACK

Father, I want to acknowledge the following losses  
I experienced in 2021:

*Mentally list the people, relationships, opportunities, etc.  
you lost last year*

Jesus, I thank You that You walk with me through  
the valley of the Shadow of Death. Help me keep  
in step with You.

*Ask the Holy Spirit to show you if you are grieving in  
a healthy/unhealthy way.*



LOOKING  
BACK

Father, I thank You that You work all things together for my good even disappointments, frustrations, and hurts. As You use those things to make me more like Jesus, I also ask You for grace to throw off everything from those experiences that would hinder me from running well in 2022.

*Ask the Holy Spirit to show you any baggage you need to release this morning.*



LOOKING  
BACK

Father, I thank You that You loved the world so much You sent Your Son to die in my place. Jesus, I thank You for Your obedience unto death. Father, I thank You for forgiving me of my sins.

*Ask the Holy Spirit to bring to mind any sins of the body and any sins of the flesh.*



LOOKING  
BACK

Father, I thank You that You loved the world so much You sent Your Son to die in my place. Jesus, I thank You for Your obedience unto death. Father, I thank You for forgiving me of my sins.

*Ask the Holy Spirit to bring to mind any sins of the body and any sins of the flesh.*




## LOOKING FORWARD

God, I recognize Your sovereignty over the seasons of my life. I acknowledge that in Your great mercy You have given me new birth into a living hope through the resurrection of Jesus Christ from the dead and therefore I can have a confident expectation of a better future in 2022.

I acknowledge Your sovereignty regarding the specific details of that 'better future' and I trust that You will work all things I experience in 2022—blessings, tragedies, joys, and frustrations—together for my good and Your glory. God give me the grace to run with perseverance the race You have marked out for me in this upcoming year.





21 DAYS  
OF  
DEDICATION

## 21 Days of Dedication

- **Corporate Fast** - Jan 9 – Jan 30
  - Daniel Fast - no animal products + no sweets
- **Worship Nights** – Weds Jan 12, 19, and 26 from 7-8pm
- **Weekly Themes:**
  - Cleansing: empty ourselves to God
  - Receiving: ask God to fill us up
  - Giving: ask God to pour us out for others